



THE HABITS OF JESUS

FACING THREATS

(MATTHEW 8:23-27)

1 READ THE SCRIPTURE

After Jesus left in a boat with his disciples, a terrible storm suddenly struck the lake, and waves started splashing into their boat. Jesus was sound asleep, so the disciples went over to him and woke him up. They said, “Lord, save us! We’re going to drown!” But Jesus replied, “Why are you so afraid? You surely don’t have much faith.” Then he got up and ordered the wind and the waves to calm down. And everything was calm. The men in the boat were amazed and said, “Who is this? Even the wind and the waves obey him.”

-Matthew 8:23-27

2 CONSIDER THESE IMAGES

Look at these two images and consider the tension between fear and trust.

3 REFLECT Ask some or all of these questions, depending on your context and timeframe

- What emotions do each of these images surface in you?
- How do you see the tension or dichotomy between these two images lived out in the Scripture passage?
- When you’re facing a threat in your life, what is your normal “natural” response to that threat? Explain.
- What past experiences in your life with God have made you reluctant to trust, and why?
- What past experiences in your life with God have made you willing to trust, and why?
- When you’re able to relax and trust in the face of fear, what has made that possible?