



1 READ THE SCRIPTURE

Don't think that I came to bring peace to the earth! I came to bring trouble, not peace. I came to turn sons against their fathers, daughters against their mothers, and daughters-in-law against their mothers-in-law. Your worst enemies will be in your own family. If you love your father or mother or even your sons and daughters more than me, you are not fit to be my disciples. And unless you are willing to take up your cross and come with me, you are not fit to be my disciples. If you try to save your life, you will lose it. But if you give it up for me, you will surely find it.

-Matthew 10:34-39

2 CONSIDER THESE IMAGES

Look at these four images and choose the one that best captures the emotional impact of what Jesus is saying.

3 REFLECT Ask some or all of these questions, depending on your context and timeframe

- Think about the image you chose that best captures the emotional impact of what Jesus is saying—why did you choose it?
- Which image scares you the most, and why?
- What aspect of what Jesus is saying scares you the most, and why?
- Jesus understands that what He's saying is scary for us, so why would He say it?
- What has "take up your cross and come with me" meant in your life?

THE HABITS OF JESUS

NOT PEACE, BUT TROUBLE

(MATTHEW 10:34-39)